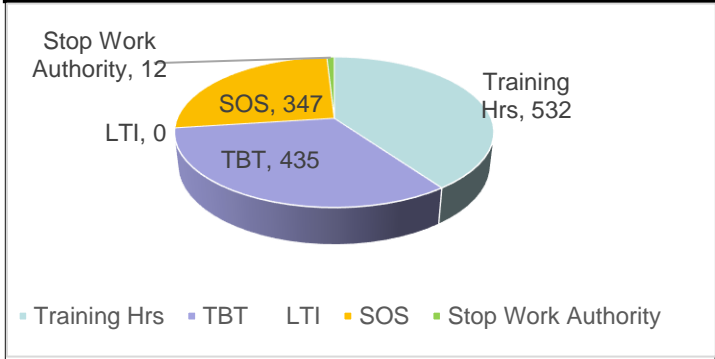


HSE Statistics Report Nov 21



Spetco Nov 21 Winners

Awards	Name	Remarks
Best Drivers	Khalid Bashir 2428	WS
	Walayat Hussain 1511	Ahmadi
	Ravi Kumar 2981	JPF3U1
	Ismail Hussain 2923	NK
Best SOS	Satheesh 1397	GSF
	Ahmed 2909	OFS
	Sandeep 2661	JPF WR
	Morker 1519	EPF

For more information on Driving Tips in adverse weather, please visit:
<https://youtu.be/3GEgB-xui0M>

Spetco CEO -Tareq Qaddumi, presenting Exceptional Performance Award



Adverse Weather Conditions: Driving Safety

While driving in Fog

- ▶ Plan your trip in advance.
- ▶ Clean the outsides and insides of windshields and windows, & check wiper blades for wear
- ▶ Reduce the speed and be careful.
- ▶ Maintain safe distance between vehicles.
- ▶ Turn on low beam headlights.
- ▶ Do not use your hazard signal as this will confuse others
- ▶ Beware of drivers who do not use their headlights.
- ▶ Be careful at junctions, roundabouts & intersections.
- ▶ If fog is too thick, step off the gas and wait till fog clears!
- ▶ Remember that fatigue is very common during these conditions.
- ▶ Hold Off On Unnecessary trips where possible.



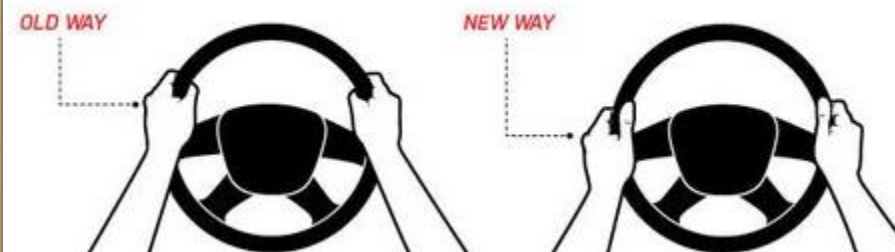
While driving in Rain

- ▶ Clean the outsides and insides of windshields and windows, & check wiper blades for wear
- ▶ Use the center lane- as water accumulates near pave ways and side lanes.
- ▶ Make sure your wipers are functioning.
- ▶ Slow down particularly through puddles
- ▶ Be vigilant as heavy rain affects visibility.
- ▶ Maintain safe distance.
- ▶ Stay informed regarding the weather.
- ▶ Avoid harsh break. If you start to skid, ease off the gas pedal, stop braking, and turn the steering wheel in the direction of the skid.
- ▶ Hold Off On Unnecessary trips where possible.



The correct hand position

The recommended position of your hands is now at 9 and 3 o'clock, with the thumbs placed along the rim rather than looping around it. In the event of an accident, the force of airbag deployment can send hands at the top of the wheel into your head or even break thumbs. While we're on the subject, never rest your hand on the hub of the wheel or use an underhand grip while turning—it's a great way to end up with a broken arm in an accident.



Benefits of Proper Tire Inflation

Tyre pressures should be checked as per manufacturer's recommended level. It offers better mileage and are also safe, as less likely to fail at high speeds. Under-inflated tires make for longer stopping distances and will skid longer on wet surfaces. Properly inflated tires will last longer as they wear more evenly. It's true that good tire pressure means tires won't wear out as quickly.

